Light for My Path Youth Bible Studies Rules for Biblical Understanding

How to Study the Word of God

"Thy word is a lamp unto my feet, and a light unto my path." Psalm 119:105

Note: Each lesson can be downloaded as a PDF file that has questions to answer in it. We advise that you read the texts in each lesson carefully and think about what it is saying. The idea is not to get done quickly so you can say you did it-- the reward you will get from this course is a deeper knowledge of God and His Word for your own self and guidance for your life.





1. We must believe that the whole Bible is the inspired word of God. We must be willing to obey its teachings, even if they are different than our own ideas and practices.

"All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, That the man of God may be perfect, throughly furnished unto all good works." 2 Timothy 3:16,17.

"Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God." Matthew 4:4.

2. We must be humble and teachable. However smart we are or how much knowledge and education we have, we must come humbly to the word of God, not seeking to study it like we would an ordinary book, depending on our education or human intellect. Trusting in intellectual pride and human opinion will prevent us from being able to understand the deep spiritual truths of the Bible. God requires us to come humbly and with a teachable attitude, sincerely and prayerfully seeking to understand His word.

Jesus said, "I thank Thee, O Father, Lord of heaven and earth, because thou hast hid these things from the wise and prudent, and hast revealed them unto babes." Matthew 11:25

3. We must compare scripture with scripture and let the Bible explain itself. There are individuals and groups of people who build a whole theology upon one single statement of the Bible. This is very dangerous and misleading Biblical research. The only correct and safe way of securing an understanding of a particular truth is to study everything that the Bible has to say about that topic.

"Whom shall He teach knowledge? And whom shall He make to understand doctrine?... For precept must be upon precept, precept upon precept; line upon line, line upon line, here a little, and there a little." Isaiah 28:9, 10.

We must study broadly, permitting the Bible to define its own terms. This will preserve us from taking an isolated passage and twisting it to fit or "prove" our own ideas. We should always approach the Bible with an open and honest attitude, willing to change our beliefs and practices, whenever we find them to be without scriptural foundation.

4. We should ask the Holy Spirit to guide us as we study the Bible. Though written by men, the Bible has been supernaturally inspired. We therefore need the Holy Spirit, the Author of all scripture, to guide and instruct us as we study. We should pray and ask our heavenly Father, in the Name of Jesus, to send the Holy Spirit to help us understand as we study God's word. Without heaven's aid to make our minds spiritually receptive, it is not possible to properly interpret and appreciate the truths of the Bible, which are often "hidden beneath the surface" and readily missed by the casual reader.

"But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God. 11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God. 12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God. 13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual. 14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned." 1 Corinthians 2:10-14.

5. We must truly want to know the truth before we can know the truth. Our motives for studying the Bible must always be honourable and acceptable to God if we would receive instruction and guidance from the Holy Spirit. If it is our determined purpose to study the Bible to find an argument against the truth, God will leave us to our own devices. For example, some people use a few scriptural verses to supposedly prove that God's law was abolished when Jesus Christ died upon the cross. Proper research will clearly show that this is not true, and the verses used to say this are found to be different when placed in their proper context. Only those who are willing to love and accept the truth when it is made plain, and do not seek to argue against it, will be safe from the dangers of self-deception. God will not force us to believe anything against our will. However, His word shows what will happen to those who still choose to believe things contrary to what He has plainly said in His word:

"Because they received not the love of the truth, that they might be saved. And for this cause God shall send them strong delusion, that they should believe a lie." 2 Thessalonians 2: 10, 11.

6. Bible study must become a priority in life. Jesus likened the kingdom of heaven to "... a merchant man, seeking goodly pearls: 46 Who, when he had found one pearl of great price, went and sold all that he had, and bought it." Matthew 13:45, 46. We must earnestly search for truth, recognizing that it is worth more than anything else in life. This quest must be made priority, especially when other things seek to crowd out the time that should be used for Bible study.

God's promise to us is that, "And ye shall seek me, and find me, when ye shall search for me with all your heart." Jeremiah 29:13. Our desire and our love for the Bible will strengthen and deepen as we discipline ourselves to study it every day.

7. We must live up to all the light we have before God will teach us more. As we learn truth from God's word, we should determine by God's grace to obey its light. God has set before us an upward pathway and it is His will that we should walk in His footsteps. As our Saviour therefore leads us further along the pathway of advanced truth, we must determine to follow if we would keep in step with Him and remain His disciple. Also, living according to the truth that we already have, qualifies us to receive more light and truth from God.

"If ye continue in my word, then are ye my disciples indeed; 32 And ye shall know the truth, and the truth shall make you free." John 8:31, 32.